

THERAPIST CERTIFICATION TRAINING



International Institute of Clinical Sexology Students Earn their PhDs

Congratulations to Our First Graduates!!



Dr. Clark, Graduate Dr. Maria Silva, Dr. Volker, Dr. Batista, and Dr. Rodriguez



Graduate Dr. Patsy Evans with Jason Denis



Graduate Dr. Kristie Overstreet



Dr. Rodriguez-Miller, Dr. Granzig, and Dr. Clark

UPCOMING EVENTS



Marketing Beast Mode for Therapist!

October 16th 9am in Miami Shores: Find out below!



Somatically Heal & Empower Women ~

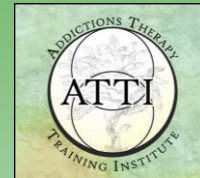
Expand your business
Nov. 2-4, 2017



Transgender Certification Training

January 21-22 and March 21- 23, 2018

[Register Here!!](#)



Addictions Therapy Training: Classes

begin 2-9-2018

[Find out More!!](#)



New Elective classes.

Free for IICS and STTI students. Check out schedule below.



Article: Fly Away Free
by Dr. Carol Clark

Your AASECT or IITAP Credits transfer to the PhD program in Clinical Sexology

[Find out more here!](#)

Marketing Beast Mode for Therapists!

Don't know where to start? All this social media, which do you choose? Solopreneur without tons of time? Fret no more! I can help make this easier, cheaper, and take less time! We cover: Basics, Marketing, Social Media, Time, Vision, Brainstorm, Resources, Links, and Vids! \$160/per person.

When

Oct 16, 2017

at 9:00am - 3:00pm EDT



Where

IICS In Person or Live Online!

9620 NE 2nd Ave, Ste 207, Miami Shores, FL 33138, USA

[Register Here!](#)

SOMATIC SENSUAL HEALING

~ Level 1: THE HEALING OF WOMEN

For Sex Pros, Sex Geeks, & Couples

DATES: November 2nd - 5th, 2017

San Francisco Bay Area ~ Location released with registration

[Find out More and Register Here!!](#)



New Elective Classes!!

Sexual Pharmacology 1-20-18

Research Presentations 2-10-18

Non-Monogamous Lifestyles 6-2-18

Sexuality and Disability 6-30-17

Sexual Addiction 10-13-18

\$200 for non-IICS/STTI students



Free for
IICS and
STTI
students!

[Find out more about our PhD program in Clinical Sexology](#)

Fly Away Free by Carol Clark



We all carry a lot of heavy crap with us from our pasts, mostly from childhood. Often without knowing it, there are memories of people and the emotional events associated with them that drag on our energy like the weights that hold a hot air balloon to the earth.

We hold on to this crap because it has become habitual, it defines us, or we think we should. We can think about wanting to let it go, but we are scared or we don't know how.

What is this crap? It is the memories of abuse, neglect, or disinterest from those whose job it was to care for us and nurture us. It is the internalized messages from them of not being good enough, being worthless, being a failure, or being bad.

I do a lot of trauma work using Eye Movement Desensitization and Reprocessing (EMDR) Therapy and while it is extremely effective, sometimes people need that little extra push to let go. So the hot air balloon provides a great visualization to do that.

Imagine all those people in your life who have held you back, have given you those belittling messages, or otherwise just make you feel bad – the parents, siblings, teachers, boyfriends/girlfriends, bosses, etc. – and put their faces and names on the weights holding your balloon to the ground.

Now fill your balloon basket with the people who have uplifted you, believed in you, supported you, and have been kind.

Lean over and begin cutting the ropes attached to the weights. Feel the lightness as your balloon shifts and begins to ascend. As you begin to rise into the air, watch the faces of the people on the weights on the ground as they become smaller, fuzzier, and farther away. Wave good-bye if you like. No need to hold on to ill will. You are flying!

Now look around at your friends, family, and others whom you have chosen to be your companions in life. Float away with them, breathe the clean air, and feel the incredible lightness and freedom that define your being in the here and now.

*Be In Light
Carol*