#### 2018 // MAY // SPRING ISSUE

# THERAPIST CERTIFICATION TRAINING

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**Guest Speaker: Elizabeth Kupferer** May 5th, 2018 |
Medical Factors & Human
Sexuality Class

**Hypnotherapy Certification Training** *June & August 2018* 

Transgender Care Certification Training July & October 2018

Kink Conscious Certification Training Starting August 8, 2018 in San Francisco

Addictions Therapy Certification Training Classes for 2018

**Are Politicians Addicts?** by Dr. Carol
Clark



Click here to find out more about earning your PhD in Clinical Sexology!

Your **AASECT** or **IITAP** Credits transfer to the **IICS** PhD program in Clinical Sexology!

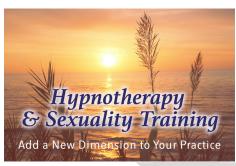
### ELIZABETH KUPFERER

Elizabeth Kupferer will be a guest speaker MAY 5TH, for our Medical Factors & Human Sexuality Class (only through webinar). Dr. Kupferer is a senior level Medical Affairs professional with over 15 years of experience within Pharmaceutical Industry as a Senior Medical Science Liaison (MSL), MSL Trainer, MSL Director, and Senior Director of Medical Affairs. The class will count for 5 CE credits (\$245).



Click Here to Register TherapyCertification.org IICSPhD@gmail.com (305) 891 1827

#### HYPNOTHERAPY CERTIFICATION TRAINING



Register Here

Starting: June 14-18 | August 9-13

9:00 am - 3:00 pm

9620 NE 2nd Ave., Ste 205, Miami Shores, FL 33138

The cost of the program is \$2,490.00, payable in two monthly installments if preferred.

Our instructor, Dr. Maylin Batista, is a Certified Hypnotherapy
Practitioner and Trainer with more than 10 years of experience.
She is Board Certified Master
Clinical Hypnotherapist. She is a member of the National Guild of Hypnotists. She is on the
Therapist Certification Association and International Institute of
Clinical Sexology Board of
Directors.

Classes meet in two, 5-day sections, two months apart. In person attendance only.



# TRANSGENDER CARE CERTIFICATION TRAINING

Our next Transgender Care 40hour Certification Training takes place on:

July 27-29 | October 4-6

Registration begins at 8am.
Class runs from **9am-5pm.**The cost of the program is **\$2,495.00**, payable in two monthly installments if preferred.

CLASSES ARE ALSO AVAILABLE
VIA WEBINAR

**Register Here** 

ITCA recognizes that the transgender community has long been under-served by the community at large and health care providers in particular. There has been limited research and training of providers in the field of transgender health care. ITCA advances the field of transgender health care and of those diverse professionals and community supporters committed to enhancing the lives of transgender, transsexual and gender nonconforming people in all cultural settings.

### KINK CONSCIOUS CERTIFICATION TRAINING

Release judgment, expand knowledge, and support clients who identify as Kinky or "into BDSM." In this course you will engage in an overview of the similarities and differences between the most common range of alternative sexualities as they relate to Kink/BDSM, and the most effective modalities to utilize with Kink/BDSM identified clients who seek assistance from your clinical, medical, or therapeutic practice.

August 8-12 in San Francisco

August 8-12 in San Francisco Sept. 1, 2018 - Feb (\$2,490.00). 2018 via live webinar



Release judgment, expand knowledge, and support clients who identify as Kinky or "into BDSM."

TherapyCertification.org
RelationshipDiva@gmail.com
305-891 1827

Register Here

### **NEW ELECTIVE CLASSES!**

Non-Monogamous Lifestyles 6-2-18
Sexuality and Disability 6-30-17
Sexual Addiction 10-13-18

Sexuality and Substance Abuse 12-8-18
Sexual Pharmacology 1-26-19

\$159 for general credits \$199 AASECT credits

Attend in person or live webinar

Click Here to Register at this Special Rate!





BY DR. CAROL CLARK

While quite a few public servants enter the political ring from a genuine desire to help people, others are seeking external validation to salve internal wounds and often think and behave addictively, as defined in my book Addict America: The Lost Connection.

"Obsessive, compulsive, out of control behavior done in spite of negative consequences to self and others" is the simple definition of addiction. At its heart, addictive behavior is driven by the need to feel good about oneself and to overcome those messages from early childhood which we have internalized – "I'm not good enough," "I'm worthless," "I'm a failure," and "I'm not important" to name a few. When parents are critical, when we are compared to our siblings and found lacking, or when we are simply ignored, we take in these messages and carry them into adulthood and all subsequent events are filtered through them.

So it's no wonder that sons (mostly) of powerful men (the US Presidents from the past 25 years come to mind) seem to continually need more and more external validation to prove their worth. They reach their positions of authority because of their continual striving for self-worth, but nothing is ever enough, because they are trying to fill an internal emptiness with external gratification.

Therein lies the addiction. Women who are trying to gain validation in a man's world also fall prey to the addictive cycle (current and past female political candidates anyone?).

When we see a governor, senator, or other high-ranking politician who is wealthy and powerful and could do an enormous amount of good and yet sucks up to big businesses that are trying to swell their own coffers (companies run by addicts) while destroying the environment and harming people, we ask, "What is that all about? How does this make sense?" In terms of addiction, though, it makes perfect sense, because these politicians are trying to make the world see that they are important, good enough, worthwhile, and successful enough to finally earn Daddy's approval. The problem is, it doesn't work. No amount of money or power will ever be enough to fill that hole in the soul that characterizes addiction, and so the negative consequences are that these people still carry their pain and shame and everyone around them and under them suffers.

We have had some heroes in the political world - Abraham Lincoln and Franklin D. Roosevelt quickly come to mind. These are men who entered politics by doing something they enjoy and at which they naturally excel, not from a compulsion to beat everyone else and prove their own worth. The Prime Minister from Australia. John Howard, risked his career to stand up for gun legislation after a mass shooting 20 years ago because he believed it would help his country. (BTW, there have been no mass shootings since). These men wanted to make the world a better place, and they did. We have politicians today - men and women - who have that motivation for service and we watch them struggle valiantly against those who are as irrational and selfish as any drunk in the street fighting for his car keys.

We need to personally define success as it relates to our own quality of life, which is an internal value, rather than success as defined by what we think others admire. When we enjoy what we are doing and we are being creative or helping others, we will not be focused on what we don't have. We can be in recovery, be in the moment, and feel fulfilled.

Let's pray for that light to come into those political souls and shine on everyone whose lives they effect.

Be In Light, Carol Clark

# ADDICTIONS THERAPY CERTIFICATION TRAINING

**CLASSES FOR 2018** 

The Addictions Therapy Training Institute (ATTI) was created to train those individuals interested in becoming certified as addiction therapy providers.

ATTI offers a 10-month program, with 8-hour classes held on the second Friday of the month. Participants will also need to complete 8 hours per month of independent study work for a total of 160 educational hours. Included in this program are Domestic Violence, Ethics, and HIV/AIDS education.

All classes may be attended in person, via live webinar or a combination of both.

The cost of the program is **\$2,900**, payable in monthly installments if preferred.

Go to the Registration page to register for the Spring 2018 program. YOU MAY REGISTER AND START AT ANY TIME.