

2018 // MARCH // SPRING ISSUE

THERAPIST CERTIFICATION TRAINING



Kink Conscious Certification



Knowledge that brings understanding

**Register
Here**

KINK CONSCIOUS CERTIFICATION

STARTING APRIL 11, 2018 - IN
MIAMI

Release judgment, expand knowledge, and support clients who identify as Kinky or "into BDSM." In this course you will engage in an overview of the similarities and differences between the most common range of alternative sexualities as they relate to Kink/BDSM, and the most effective modalities to utilize with Kink/BDSM identified clients who seek assistance from your clinical, medical, or therapeutic practice.

TherapyCertification.org
RelationshipDiva@gmail.com
305-891 1827

2018 Schedule

You may take these classes individually, as a stand alone certification, or as part of your PhD.

In person, Miami Shores:
April 11-15 (in person)

Via Live Webinar, Zoom.com
April 25 10am-3pm (via Webinar)
May 9 10am-3pm (via Webinar)
May 23 10am-3pm (via Webinar)
June 2 10am-3pm (via Webinar)
June 13 10am-3pm (via Webinar)
June 20 10am-3pm (via Webinar)
June 28 10am-3pm (via Webinar)
July 8 10am-3pm (via Webinar)
July 18 10am-3pm (via Webinar)
August 1 10am-3pm (via Webinar)
August 15 10am-3pm (via Webinar)
August 29 10am-3pm (via Webinar)

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Kink Conscious Certification

*Starting April 11, 2018 - in
Miami*

**IAEDP South Florida
Spring CE Event** Friday,
April 13th, 2018

**Addictions Therapy
Training:** *Classes for
2018*

**Hypnotherapy
Certification Training**
June & August 2018

**Transgender Care
Training**
July & October 2018

**The Nature of
Addiction** by Dr. Carol
Clark



**Click here to
find out more
about
earning your
PhD in
Clinical
Sexology!**

**Your AASECT or
IITAP Credits
transfer to the IICS
PhD program in
Clinical Sexology!**



IAEDP SOUTH FLORIDA SPRING CE EVENT

Friday, April 13th, 2018

8:30 am – 12:00 pm

**8 am Registration and
Full Breakfast buffet**

*Co-morbid OCD and ED
in Outpatient Treatment*



Register Here



Presenters:

Melanie Smith, M.S., LMHC

Director of Training for The
Renfrew Centers

&

Jodi Krumholz, RD, LDN

Director of Nutrition at The
Renfrew Center of Florida

Renaissance Boca Raton Hotel

2000 nw 19TH Street, Boca

Raton, FL 33431

Members: \$40

Non-Members: \$50

Students: \$30

NEW ELECTIVE CLASSES!

Non-Monogamous Lifestyles 6-2-18

Sexuality and Disability 6-30-17

Sexual Addiction 10-13-18

\$159 for general credits

\$199 AASECT credits

Click Here to Register

Attend in person or live webinar

ADDICTIONS THERAPY TRAINING

CLASSES FOR 2018

The Addictions Therapy Training Institute (ATTI) was created to train those individuals interested in becoming certified as addiction service providers.

ATTI offers a 10-month program, with 8-hour classes held once a month on the second Friday. Participants will also need to complete 8 hours per month of independent study work for a total of 160 educational hours. Included in this program are Domestic Violence, Ethics, and HIV/AIDS education.

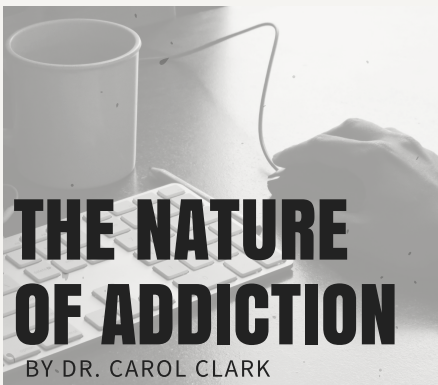
All classes may be attended in person, via live webinar or a combination of both.

The cost of the program is \$2,900, payable in monthly installments if preferred.



Go to the Registration page to register for the Spring 2018 program. **YOU MAY REGISTER AND START AT ANY TIME.**

Register Here



I've been reading a lot lately about porn addiction and internet addiction. Can porn be good? Can the internet be bad? What is "too much?"

My interest is in the ideas of "good vs. bad" and "addiction vs. recovery." Even more, I go to a place of "disconnection vs. connection."

So much of the history, language, and diagnosis of "addiction" is about specific drugs and then, more recently, specific behaviors. For those of us on the receiving end of anti-sex addiction attacks, it can become difficult to uphold the concept of sex addiction while maintaining a sex positive attitude.

The problem, as I see it, is that addiction is not about the drug or behavior of choice, but about the nature of addiction. In other words, sex addiction or porn addiction are about addiction, NOT sex or porn.

When we get drawn into debates about whether or not technology, pornography, or sexual behavior can be addictive, we radically stray from the real problem of the addicted brain, which doesn't really care from where the stimulation comes, only that it gets fed. Many of the sex therapists who speak out against sex addiction do so from a place of wanting to be sex positive.

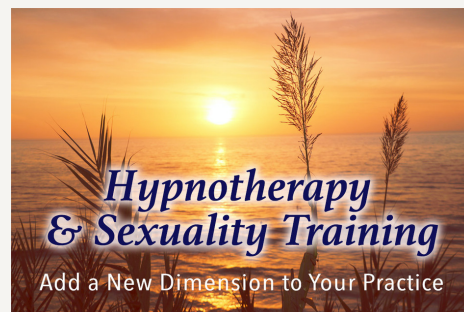
They have seen the negative attitudes towards kink, alternative lifestyles, BDSM, polyamory, and even masturbation and how those behaviors have, at times and by some therapists, become inextricably bound with the idea of sex addiction.

Rather than look at the nature of addiction, they have chosen to reject sex addiction in its entirety. (Oddly enough, they choose the terms "sexually compulsive behavior," or "out of control sexual behavior.")

In my world, I would create a diagnosis of "Addictive Disorder" with specifiers being the drugs or behavior of choice. This would acknowledge the definition of addiction to encompass all of the behavioral criteria currently in the DSM for various drugs and gambling and hold back the focus on any one behavior. The short version of addiction is "obsessive, compulsive, out of control behavior, done in spite of negative consequences to self or others." If we stick to that, the focus is on addiction, not on the goodness or badness of any particular drug or behavior. Recovery is about more than abstinence, it is about being Connected, present, and responsible and making thoughtful choices each day about how we want to live. It is within that recovery framework that we can make decisions about the sexual behaviors in which we would like to participate. Are those behaviors life enhancing and Connecting or about escape from painful memories or distressing emotions. For each decision, we need to ask, "Is this for my addiction or for my recovery?"

For each person using a drug or behavior addictively, there is a person using that same drug or behavior for fun and without negative consequences. We need to take the onus off of the drug or behavior and have a conversation about the true problem: the addicted brain. We need to pay attention to the energy we bring to whatever we do, because anything that provides pleasure and stimulation can be addictive. Or not.
Be In Light
Carol

HYPNOTHERAPY CERTIFICATION TRAINING



Do you work with clients on smoking cessation? Eating disorders? Sleep disturbance? Or sexual disorders? Hypnotherapy is a valuable tool in your clinical repertoire. Click here for more information on our Basic Training and Expanded Training starting in June!

Attend in person in Miami
June 14-18 | August 9-13

Register Here

TRANSGENDER CARE TRAINING



July 27-29 | October 4-6

ITCA recognizes that every individual's journey requires experienced professionals and para-professionals to facilitate decisions about life choices. ITCA offers training that will educate professionals and paraprofessionals and continuing to provide the support for them to serve this diverse population.

Register Here