



Therapist Certification Association

For Clinical Professionals who want to take their careers to the next level!

Dear Subscriber, This month's news and events:

January 2017

HAPPY NEW YEAR!



Third Annual Women's Wellness Experience

The Big Brain Theory Feb 22, 2017

Legal and Ethical Issues with Transgender Children and Adolescents- Earn 7 CEUs –FL 490 & 491 and NBCC. 2-23-17

"What About Me?" Counseling Families of Trans People- Earn 7 CEUs –FL 490 & 491 and NBCC. 2-24-17

Kink Aware Therapy Certification: Classes start February 21, 2017

Hypnotherapy Graduates

Center for Healthy Sex: "Intimacy and Connection in Recovery" on our YouTube channel:
<https://youtu.be/POGU5jUTMEM>

STTI adds classes: 5 day tracks every other month

The Somatic Sensual Healing Institute led by Francesca Gentile.

Dr. Carol L. Clark, DBA Therapy Certification Training is now an approved provider for the National Board for Certified Counselors (NBCC)! Look over our classes and register today for CE hours.

www.TherapistCertification.org

Monthly Article: Enlightened Brain vs. Caveman Brain

Earn Your PhD in Clinical Sexology! Visit us at! ClinicalSexologyPhd.org

Keep scrolling to see what's happening!

Please Join Us!
February 22, 2017
8:45 a.m. – 1:30 p.m.

Third Annual Women's Wellness Experience

the BIG BRAIN THEORY

Sponsored By:

The Aqualina Resort & Spa

17875 Collins Ave
Sunny Isles Beach, FL 33160

- Continental breakfast and buffet lunch
- Admission \$36
- Complimentary valet parking

Chai Lifeline Southeast
&
The Victor Center for the Prevention
of Jewish Genetic Diseases at
Nicklaus Children's Hospital

RSVP / Sponsorship Opportunities



Master of Ceremonies

Diane Magnum
Broadcast Journalist



Dr. Carol Clark
Sex Therapist & Addiction
Counselor



Reshma Naidoo, MD
Neuropsychologist



Jeffrey Newport, MD
Psychiatrist



Dr. Sue Pilossoph
Internist



Steven J. Resnick, DO
Neurologist



Trevor Resnick, MD
Neurologist

Guest Speakers

This program is being hosted by Eddie,
Jules, Stephanie and Nicola Trump



Chai Lifeline
SOUTHEAST



Einstein
VICTOR CENTER
NICKLAUS CHILDREN'S HOSPITAL



[Legal and Ethical Issues with Transgender Children and Adolescents-](#)

Earn 7 CEUs –FL 490 & 491 and NBCC. Thursday, 2-23-17

[“What About Me?” Counseling Families of Trans People-](#)

Earn 7 CEUs –FL 490 & 491 and NBCC. Friday, 2-24-17

Save by taking both workshops for \$379. Early bird registration is \$179 each or \$199 at the door. Attend in person or via live webinar and fully interact with presenters and panel members. [Register Here!!](#)





New Program Starting In 2017

KINK – FETISH – BDSM

Are You Trained?

[Click here to access the Kink Aware Therapist Training Program Course Outline & Registration Package!](#)

The Course begins February 21, 2017.

Classes will be held for 2 days on alternate months. (See Calendar)

This program is now included as a Specialty Concentration in the [IICS Doctoral Program](#) and may be taken in its entirety for Certification with that program.

You may also register for the Kink Aware Professional Certification by emailing Patsy Evans at harmonyusinc@gmail.com !! Please go to the [IICS calendar](#) for course descriptions

Congratulations!!



Recent graduates of our Hypnotherapy Specialization along with Dr. Maylin Batista our wonderful instructor!! Next Course begins June 17, 2017!!



CENTER FOR HEALTHY SEX

All events are open to the public. Clients, professionals, and curious minds are all welcome to attend and participate.

Many Free Upcoming Events Visit here to see the events schedule

Join Dr. Carol Clark discussing "Intimacy and Connection in Recovery" on our YouTube channel: <https://youtu.be/POGU5jUTMEM>



The [Sex Therapy Training Institute](#) had added an additional track to accommodate students who don't want to give up their Saturdays or who would like to travel to Miami. Classes are held for 5 days – Thursday through Monday – on alternate months. Please [click here to see our calendar](#). Join us for a [Free Class](#) and see if STTI and a Certification in Sex Therapy is right for you!

Call 305-891-1827 for more information.



Therapy Certification Training approved provider for the National Board for Certified Counselors (NBCC)!!

Visit our calendar for upcoming classes.

[Therapy Certification Training Calendar](#)

Earn your PhD at International Institute of Clinical Sexology
Find out more at ClinicalSexologyPhD.org





IICS is delighted to announce new courses with an organization we recommend [The Somatic Sensual Healing Institute](#) led by Francesca Gentile.

Email: RelationshipDiva@gmail.com

Puerto Rico ~ [All Gender Somatic Sensual Healing Intensive](#) for Latinos I January

[SSHI Level I The Somatic Sensual Healing of Women 2017 ~ San Francisco Bay Area](#)

[SSHI Level 2 The Healing of Men July 2017 ~ Once a Year! San Francisco Bay Area](#)

[The Therapeutic Kink Intensive ~ San Francisco Bay Area ~ Taught by Francesca & Brian Choate](#)

ANCIENT & MODERN SEXUAL HEALING w/[Sexology University](#)

This course is an elective that can be applied to your professional certification in Sexology!



REGISTER [HERE](#)

Be sure to use **PROMO CODE:** 308SL2017

“Enlightened Brain vs. Caveman Brain” By Dr. Clark

A lot of things don't seem to make sense and when something doesn't make sense, rather than try to figure it out or use reason and logic, we need to ask "What is this really about?" It is never about what is on the surface. It is about what is under the surface that is not being expressed.

When a couple is fighting and the one person is asking the other, "Why can't you just do the dishes once in a while?" This will generally lead to a fight that has nothing to do with dishes and therefore will not be resolved in this manner. That is because asking "Why?" is an intellectual question coming from the prefrontal cortex, or Enlightened Brain. That is the part of the brain that deals with logic and reason; awareness of self, others, and a higher power. If that part of the brain really wanted an answer to why the other person is not helping with the dishes, then a simple answer to that question would suffice.

The real concern about the partner's motivation regarding household chores is the underlying meaning that is assigned to this behavior. For example, "If my partner does the dishes, he cares about me," or "If my partner doesn't help with the dishes, she doesn't appreciate me." This fear of rejection or loss of love comes from the limbic system, or Caveman Brain. It is working unconsciously most of the time and it drives much of our feelings and behavior.

Our election process, which has drained so much of our energy and left so many people feeling distraught, exemplifies these often conflicting states of reason vs. emotion, or Enlightened Brain vs. Caveman Brain. Each candidate played to both, but there was a big discrepancy that is only now being acknowledged. One candidate tried to appeal to reason and logic but for many people, she came across as unlikeable and untrustworthy. The latter two come from the Caveman Brain. She also tried to instill some fear about her opponent and what would happen if he won the election, but that lacked the strength to override the other emotions. The other candidate went full throttle to the Caveman Brain, appealing to and intensifying existing fears and then presenting himself as a savior. Our Caveman Brains are very much linked to our Inner Child, where our memories of childhood emotions and experiences live. When we are afraid, we revert to childhood and want a parent to hold us and keep us safe from the monsters. This is more true when our actual parents did not keep us safe or encourage the confidence to grow into adults capable of viewing the world not from a victim perspective but from a place of being grounded and present.

There are myriad hypocrisies and paradoxes that have become evident this past year. So again, we need to ask, "Since this doesn't make sense, what is really going on?" and that is where we will begin to acknowledge the fears of everyone who voted (or didn't vote) from a seemingly illogical place. We cannot move forward from fear. It makes us fight, flee, or freeze. We need to address fear and heal the Inner Child. We need to re-parent and nurture each other and ourselves by providing a place of safety and engendering confidence. We need to live in Recovery, defined as being present and mindful, measured and balanced, and able to be fully Connected to each other and the Universe.

Be In Light.

Carol