



Therapist Certification Association

For Clinical Professionals who want to take their careers to the next level!

Dear Subscriber, This month's news and events:

April 2017



Spring is here!!

CONSCIOUS KINK, ENERGIA TANTRICA, OMBRA E ABBANDONO, Francesca Gentile

Earn 3 CE credits: Domestic Violence
April 10, 2017

IAEDP- *Exploring the "Hero's Journey Through ED"*
April 21, 2017 – FAU Boca Campus Earn 3 CEUs

IAEDP- *Clinical Approaches to Orthorexia*
April 21, 2017 – Coconut Grove Earn 3 CEUs

Transgender Certification Training

June 2-4 & Aug 4-6, 2017

IICS welcomes Manny Ocasio and Jenn Lee as dissertation consultants!

Monthly Article: *"More is always less if you can't be sated."*

Patricia Cornwell, from her book *Port Mortuary*

Earn Your PhD in Clinical Sexology! Visit us at! ClinicalSexologyPhd.org

Recent STTI Graduates!

Congratulations!!



Donna Silver



Susan Freedman



Nicki Line-Robbins

Keep scrolling to see what's happening and register for workshops!!

“More is always less if you can’t be sated.”

Patricia Cornwell, from her book *Port Mortuary*

What a powerful line! This theme abounds in media, literature, movies, and sayings. My father used to say to me “Your eyes are bigger than your stomach” as I wanted more cake than I could ever eat. When I discovered the intoxicating effects of wine and kept drinking until I was sick, it was because I wasn’t enjoying the moment of euphoria, I was reaching for more and thinking it would feel better.

Addiction: Obsessive, compulsive, out of control behavior done in spite of negative consequences to self or others.

Moving the concept of addiction beyond a dependence on drugs or alcohol is at the heart of my work, my personal life, and my understanding of a higher power. Addiction as a state of being in which we are not enjoying the moment but wanting it to be even better means that we will always be seeking more and never getting enough. Addiction then becomes a barrier to intimacy and to Connection with our own psyches, with each other, and with the Universal life force that binds us all. We cannot appreciate these when we are seeking to be elsewhere.

When we live in addiction, we are seeking relief from loneliness, rejection, and all the negative messages with which we filter our interactions with others – “I’m not good enough,” “I’m worthless,” and “I’m a bad person.” Then the seeking for “more” becomes a frenetic scrambling for more drugs, more money, more stuff, more power, more sex and more drama. Addiction is about needing more stimulation and there is no one drug of choice for an addict. Abstinence from one source of stimulation leads to an increase in others. Stop alcohol and eat more. Stop cocaine and use more porn. Stop gambling and become an angry workaholic.

Recognition of this state of addiction is the first step to moving into recovery. Recovery is living in the present, being mindful of yourself and others as people, not objects. Recovery is about making decisions based on self in relation to others, not self in a vacuum of need. Recovery is simple awareness that this moment with myself is good, that being with you is good, and that being part of the Universe is good.

We get to choose, in each moment of each day, in which state we want to live – addiction or recovery, disconnection or Connection.

I choose Connection. Connect with me.

Be In Light.

Carol

Addict America: The Lost Connection

Available at Amazon.com

IICS welcomes Manny Ocasio and Jenn Lee as dissertation consultants! They will be facilitating workshops for APA writing, organizing proposals, and statistics. We are delighted to have them on board!



Jennifer L. Lee, MPH

Jennifer Lee has a Master's of Science in Public Health from the University of Washington and Bachelors of Science in Mathematics Education from the University of Missouri – St. Louis. She is also co-founder of *Sea of Knowledge*, an academic consulting company that works with students in all aspects of their education and career development to achieve success. Ms. Lee brings over 15 years of experience educating students from elementary school through college. During her time in Seattle, Ms. Lee trained staff, lectured students and health professionals regionally, and educated the public while working for the National Institutes of Health in the National Cancer Institute's Office of Communications and Public Liaison. Recently she has been a guest lecturer at Miami Dade College - Benjamin Leon School of Nursing. She is excited to assist students and work with faculty at the International Institute of Clinical Sexology.



Manuel A. Ocasio, MSPH

Manuel "Manny" A. Ocasio has a Masters of Science in Public Health and is an epidemiology doctoral candidate at the University of Miami Department of Public Health Sciences. He is also co-founder of *Sea of Knowledge*, an academic consulting company that works with students in all aspects of their education and career development to achieve success. Manny's primary research interests are in Hispanic sexual and gender minority health with an emphasis on prevention of substance use and sexual risk behaviors in adolescent populations. Manny has co-authored over 20 peer-reviewed publications, book chapters and monographs and has extensive experience in research support and mathematics education, including teaching workshops to graduate students in utilizing statistical software. He looks forward to working with students at the International Institute of Clinical Sexology and learning more about their exciting projects!

Manuel A. Ocasio, MSPH

PhD Candidate, Epidemiology

Department of Public Health Sciences

University of Miami, Miller School of Medicine

E-mail: mocasio@med.miami.edu

UPCOMING WORKSHOPS
CEUs
PROVIDED BY DR. CLARK



Transgender Certification Training

June 2-4 & August 4-6, 2017

\$1995 for the 6 day Training

[Register Here!!](#)

Earn 3 CE Credits- \$29

Domestic Violence

April 10th 2017 9:30- 12:30

[Click here to register and receive an invoice](#)



Save the Date!! April 21, 2017 – 2 workshops

Exploring the "Hero's Journey Through ED"

Earn 3 CE credits

[Register Here!](#)

Clinical Approaches to Orthorexia: Treating the Obsession with Health

Earn 3 CE credits

[Register Here!](#)



ENERGIA TANTRICA, OMBRA E ABBANDONO

8 Aprile, 2017

Corso in lingua inglese con traduzione in italiano

Con le esperte internazionali di tantra & kink

Francesca Gentile of San Francisco, California

Silvia DePasquale of Rome, Italy

<https://www.eventbrite.com/e/conscious-kink-energia-tantrica-ombra-e-abbandonamento-tickets-32725648295>

[The Somatic Sensual Healing Institute](#) led by Francesca Gentile.

Email: RelationshipDiva@gmail.com

SSHI Level I [The Somatic Sensual Healing of Women](#) 2017 ~ San Francisco Bay Area

SSHI Level 2 [The Healing of Men](#) July 2017 ~ Once a Year! San Francisco Bay Area

[The Therapeutic Kink Intensive](#) ~ San Francisco Bay Area ~ Taught by Francesca & Brian Choat