

# Therapist Certification Association

For Clinical Professionals who want to take their careers to the next level!

**Dear Subscriber, This month's news and events:**

## NOW OFFERING A PhD IN CLINICAL SEXOLOGY!!

[ClinicalSexologyPhD.org](http://ClinicalSexologyPhD.org)  
Register!

Visit Us Online to

**New IICS Website Coming Soon!!**

[Earn Your PhD in Clinical Sexology! Announcing the Opening of the International Institute of Clinical Sexology \(IICS\). ClinicalSexologyPhd.org Coming Soon!](#)

[Monthly Video: How Can Anger Be an Addiction with Dr. Carol Clark](#)

[ITCA workshops: Day 1: Legal and Ethical Issues in Transgender Care](#)

[Day 2 What About Me? Counseling the Families of Trans People](#)

[Feb 25 & 26, 2016](#)

[Yes Institute: Communicating Powerfully & ReVisioning Gender](#)

[What is Molecular DNA Testing? How does it relate to Pharmacogenomics & my body? Join us on Dec. 17<sup>th</sup> and find out how to use this in your practice.](#)

[If you need Ethics credits, sign up for Legal, Ethical, and Forensic Issues with Dr. Ed Heyden on January 23, 2016.](#)

[9 Sexual Health Mistakes You May Be Making](#)  
[Substance Use Disorders: A Comprehensive Review and Update.](#)

[FEB 14-16, 2016](#)

[Substance Use Disorders: A Comprehensive Review and Update](#)

[Monthly Article: My Muslim God-Son, Omar](#)

The International Institute of Clinical Sexology (IICS) is a private, for-profit, educational institute that offers a Ph.D. in Clinical Sexology to licensed and license-eligible professionals in the healthcare field who intend to practice Sex Therapy, Consulting or Coaching, or provide Sex Education as an adjunctive service to their clinical specialty.

The Clinical Sexology program is designed to provide a curriculum that will prepare clinicians to work with a wide array of sexual concerns in a variety of treatment settings.

The program is comprised of three components: Basic Clinical Sexology Education, a choice of one of three Specialty Concentrations, and a dissertation or doctoral project.

IICS offers several options for Basic Clinical Sexology class attendance, including one day per week, 5 days per month, 5 days per alternate months, or a one-month intensive. The cost of the program is \$12,000.

IICS is licensed under the Florida Department of Education by the Commission for Independent Education (CIE) and is authorized to grant a Doctor of Philosophy in Clinical Sexology degree.

Email or call us now for an application or for more information! [counselor@drcarolclark.com](mailto:counselor@drcarolclark.com) or [305-891-1827](tel:305-891-1827)

## HOW CAN ANGER BE AN ADDICTION?



### [How Can Anger Be an Addiction?](#)

with Dr. Carol Clark

This brief video highlights the addictive process of anger, which provides alternative aspects to anger management. Leave your comments on [YouTube](#) or on [Addict America's Facebook page](#) and we will post them in next month's newsletter.

UPCOMING WORKSHOPS  
CEUs  
PROVIDED BY DR. CLARK



## Two-Day Training

Day 1 *Legal and Ethical Issues in Transgender Care*

Day 2 *What About Me? Counseling the Families of Trans People*

Feb 25 & 26, 2016

[Click Here for More Information](#)

**[REGISTER HERE!](#)**

## Transgender Care Registration! 40-hour Certification Training

June 25-26, July 9-10, July 23-24, 2016

**[REGISTER HERE!](#)**



THE SOURCE FOR KNOWLEDGE ON GENDER & ORIENTATION™

## Communicating Powerfully & ReVisioning Gender

**January 15, - January 18, 2016**

Four days of education and training that will transform your ability to have an impact on the world on the topics of gender and orientation. Learn the essentials that will allow you to bring these powerful models of communication and education to your organization or community.

**Registration Deadline: Monday, January 11, 2016** Phone: 305-663-7195 • Fax: 305-663-7197 •

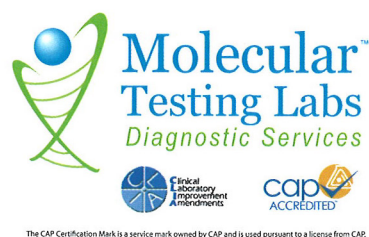
Phone: 305-663-7195 • Fax: 305-663-7197 • <http://yesinstitute.org/CPRG-Register Here!!>

This Patient Information Card is to be shared at the time of service, prior to administration of test.

### WHAT IS MOLECULAR DNA TESTING? HOW DOES IT RELATE TO PHARMACOGENOMICS & MY BODY ?

<b>pharmaco - (farm-uh-ko):</b> Related to drugs/medications	<b>genomics - (je-noh-miks):</b> Study of the structure and function of genes
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- Your Molecular DNA can be collected through a painless cheek swab administered by your physician.
- The information gathered by your physician will allow for a tailored and personalized treatment designed specifically for your genetic make-up.
- Molecular Testing Labs recommends that you provide copies of your laboratory report to your primary care physician and/or any other specialty physicians who may prescribe medications for you now or in the future.



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December 17, 2016 at 3:30

at

9620 NE 2<sup>nd</sup> Ave. Suite 205, Miami Shores Fl.  
33138

Maria Giacobbe, Business Development Manager of Molecular Testing Labs will tell us more about this exciting test! We as therapists will actually be able to perform the test so clients will be better prepared when they go to their physicians and psychiatrists.

# 9 Sexual Health Mistakes You May Be Making

[Visit Website Here](#)



1. Avoiding the Doctor
2. Lying to Your Doctor
3. Thinking You Don't Have an STD because You're Asymptomatic
4. Googling too Much
5. Assuming Your STD Will Be Treatable
6. Assuming You Can't Get Pregnant
7. Worrying You Can't Get Pregnant
8. Not Caring Because You Don't Want Kids
9. Thinking "Safe Sex" is Healthy Sex

FEB 14-16, 2016

## Substance Use Disorders: A Comprehensive Review and Update

Hello and thank you for a minute of your time, I'm reaching out on behalf of Dr. Tim Wilens, Director of the Center for Addiction Medicine here at Massachusetts General Hospital. We have an upcoming conference in Florida on all facets of substance use disorders, and we're reaching out to our Florida education colleagues with a personal invitation to register and attend.

The conference takes place February 14-16, 2016 at Disney's Grand Floridian Resort & Spa and is titled Substance Use Disorders: A Comprehensive Review and Update. The faculty led by a dozen experts from Massachusetts General Hospital and Harvard Medical School. The conference website is here: [http://mghcme.org/courses/course-detail/substance\\_use\\_disorders\\_a\\_comprehensive\\_review\\_and\\_update](http://mghcme.org/courses/course-detail/substance_use_disorders_a_comprehensive_review_and_update)

Sessions focus on everything from neuroscience and developmental perspectives all the way through recovery-oriented systems of care and keeping patients engaged in treatment. Many sessions address complex topics across all practice settings, such as treating addiction as a chronic disease, managing complicated withdrawal, engaging nursing in addiction, management of marijuana addiction, innovative models of inpatient and outpatient care, engaging young people with addiction, and much more.

We'd be extremely grateful for anything you can do to share this information with your ATTI staff and learners, and anyone who registers with code SUD can save \$50 on conference tuition. Is this something you can share?

Glenn L. Laudenslager IV, MBA  
Massachusetts General Hospital Psychiatry Academy

# My Muslim God-Son, Omar

by Dr. Carol Clark

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I'm feeling compelled to write in a different vein this month and to speak out in response to the hate and ugliness that so many people are expressing these days. Not that hate and ugliness are specific to our current times. What comes out of the mouths of bigots and fear-mongers may change as to object, but the general intent has always been the same. Whether the groups that are targeted are Jewish, Catholic, or Muslim; Native America, African American, or Irish; homosexual, transgender, or alternative; the result is the same: to disconnect us from each other by denying our basic human sameness and, with the anger and fear and shouting, to ramp up the stimulation to addictive levels.

As my writing here unfolds, I'm realizing that this article is not so far after all from my usual themes of Connection and how addiction leads to disconnection and vice versa. Addiction has its roots in early trauma and that trauma is based on a fear of abandonment. The implied messages from that trauma are "I'm not good enough," "I'm worthless," or "I'm defective," and these are carried through to adulthood and all relationships.

My students will tell you that the biggest motivator of human behavior is the need to belong to the group. Therefore, if I learned in childhood that belonging is conditional – I'm not good enough unless I do this or say that – then to belong to the group, I need to do this or say that. Groups that shout the loudest and create the most drama are the most obvious and the easiest to which to belong, especially for someone who does not have the ego strength to stand up on their own, or to find a group that has more pro-social goals. Cults are comprised of those damaged and victimized in childhood, however subtle that was, and the haters are very cult-like in their demeanor.

So now I'm going to tell you about Omar, who, while not living in constant fear, is nevertheless having to be extra cautious in what we still like to think of as the Home of the Free and the Brave. My hope is that by letting you know about Omar as the wonderful person that he is, anyone who has any thoughts of anti-Muslim sentiment will realize that "Muslim terrorist" are not words that need to go together any more than "Christian terrorist" or "Jewish terrorist." Perhaps you will even share this since all it takes for evil to flourish is for good people to do nothing (paraphrased from Edward Burke).

Omar came from Egypt five years ago and found me on the internet. He needed help and we both believe in the power of the Universe to bring people together. Hence, he became my God-son and refers to me as his God-mother.

I was able to help him with emotional and therapeutic support and also with making the connections that led to his gaining asylum. This was necessary because, were he to return to Egypt, he would have probably been killed. As it is, he was rejected by many members of his family, including initially his own mother, and he spent his first year here living in a homeless shelter. Eventually, he was able to get a job and then an apartment. Throughout these challenges, he did his best to help others.

For instance, while in the shelter, he assisted a mentally ill woman with getting her needs for medication met and with generally coping with the daily stressors of their circumstances. Since that time, he has gone out of his way to help others in need with food, shelter, and money.

Omar works in a restaurant that is open 24 hours a day, 7 days a week. His pay is minimal and he has worked his way up to manager by virtue of his intelligence, good humor, responsibility, and general work ethic. His co-workers respect and like him and he has become an important part of many of their lives. When I asked him why he did not go to work at a more upscale restaurant where he could quadruple his earnings, he explained the intention of the alcohol prohibition for Muslims. You see, I thought that although Muslims don't drink alcohol,

it would be ok for him to serve it or work in a place that serves it, but this is not the case. Omar told me that alcohol is a toxin and so he will not intentionally provide it to someone else. To do so would be to cause them damage and that he will not do.

I was enormously touched and impressed with not just this belief, but that he lives it. He is someone who “walks the walk” with his religion and that means not harming anyone. It highlights even more the hypocrisy of those calling themselves Christians who every day spew hatred and violence in direct violation of Christ’s teachings.

Omar has been in my life for five years now and I am a better person for knowing him. We have become friends and when he gets his MBA, he will be an integral part of my school, IICS. I am so proud of him for persevering with the educational and other hurdles he’s faced!

I have a simple tool for people beginning recovery who often struggle with making decisions. Ask yourself “Is this for my addiction or for my recovery?” The answer is always there and needs no further discussion or second-guessing. Hatred and violence against Omar and other Muslims trying to live their lives and sharing the same human desires as all of this is clearly on the addiction/disconnection side of the fence. Omar is living on the recovery/Connection side.

I am blessed in my Connection to my God-son. We will be together for many years, **إن شاء الله**, ‘in shā’a llāh.

Be In Light

*Be In Light,*  
*Carol*