

Therapist Certification Association

For Clinical Professionals who want to take their careers to the next level!

Dear Subscriber, This month's news and events:

Earn a PhD in Clinical Sexology !!



International Institute of Clinical Sexology
Earn Your PhD in Clinical Sexology



"Knowledge of human sexuality leads to a better understanding of humanity"

-Dr. Carol Clark

Earn Your PhD in Clinical Sexology!

Earn your Ph.D. this year at the International Institute of Clinical Sexology (IICS). Visit us at! ClinicalSexologyPhd.org

Therapy Certification Training: Stand-Alone Certifications or towards your PhD

Monthly Video: [About IICS](#)

Guest Speaker: Dr. Rivka Friedman June 20th

Transgender Care Registration! 40-hour Certification Training
June 25-26, July 9-10, July 23-24, 2016

[REGISTER HERE!](#)

Hypnotherapy Training Registration! 75-hour Training
July 14-18 and September 22-26

[REGISTER HERE!](#)

Say It Proud Speech Therapy

Transgender Support Group: Second Friday of Each Month
Refuge Recovery: A Buddhists Path to Recovery

Monthly Article: "Fear versus Reason" By Dr. Carol Clark

The International Institute of Clinical Sexology (IICS) is a private, for-profit, educational institute that offers a Ph.D. in Clinical Sexology to licensed and license-eligible professionals in the healthcare field who intend to practice Sex Therapy, Consulting or Coaching, or provide Sex Education as an adjunctive service to their clinical specialty.

Choose from three specialty concentrations: Transgender Care, Sex Addiction and Compulsivity, and Hypnotherapy and Sexuality. Become Board Certified as you earn your Ph.D. in Clinical Sexology.

IICS offers several options for Basic Clinical Sexology class attendance, including one day per week, 5 days per month, 5 days per alternate months, or a one-month intensive. Choose an individualized payment option to pay for the cost of the program, which is \$12,000.

IICS is licensed under the Florida Department of Education by the Commission for Independent Education (CIE) and is authorized to grant a Doctor of Philosophy in Clinical Sexology degree.

Email or call us now for an application or for more information! IICSPhD@gmail.com or [305-891-1827](tel:305-891-1827)

Continuing Education provided by Dr. Carol L. Clark.

Florida Department of Health, Medical Quality Assurance Provider #50-550/BAP585.

Florida Board of Nursing, expires 10/17

Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling, expires 3/17

Florida Board of Psychology, expires 5/18

Florida Certification Board #5094-A

American Association of Sexuality Educators, Counselors, and Therapists (AASECT) #11-112B

Therapy Certification Training

Individual Certifications or with PhD

TherapyCertificationTraining.org



Complete your Certification in Sex Therapy in less than a year and advance your practice to include treatment of sexual disorders, gender and orientation concerns, alternative lifestyles, and so much more!



Train with the ATTI experts to earn your CAP or MCAP in less than a year. Span the spectrum of addiction from alcohol to drugs to sex to gambling to co-dependence. Help your clients live in recovery and Connection!



Transgender Care Therapists are needed in all locations to treat this underserved community. Join the leading experts with this 40-hour training and know that you will truly make a difference in people's lives!



Incorporate Hypnotherapy into all aspects of your practice, from quitting smoking to treating anxiety to healing sexual abuse trauma. Train and practice with an expert who will continue to be available to you as you develop your skills!

INDIVIDUAL CERTIFICATIONS OR WITH PHD

International Institute of Clinical Sexology



[Click here to go to the Youtube Video](#)

Guest Speaker: Dr. Rivka Friedman- June 20th 2016



Dr. Rivka Friedman, originally from New York, is an alumna of SUNY Downstate's Doctor of Physical Therapy program, graduating with honors in 2008. She has extensive orthopedic manual therapy training and experience, having treated patients for conditions such as back, neck, shoulder, hip and knee pain and post-operative care from the onset of her career. For her women's health training, Dr. Friedman completed numerous courses with the American Physical Therapy Association Section on Women's Health and the Herman and Wallace Pelvic Rehabilitation Institute, in addition to training and working with a renowned women's health physical therapist in Manhattan. She is skilled in myofascial release, visceral manipulation, scar mobilization, neural mobilization, joint mobilization, alignment/ mobility assessment and correction, and biofeedback among other techniques. Utilizing a holistic approach, she has helped many women suffering from pelvic floor dysfunction, bladder and bowel problems, pelvic pain, and pregnancy & postpartum related issues. Passionate about

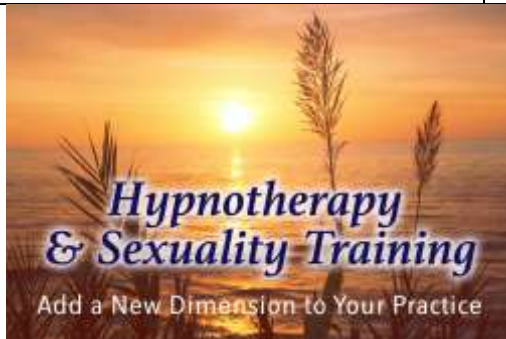
her profession, Dr. Friedman lectures in the community to promote awareness about the various women's health issues that she addresses.

UPCOMING WORKSHOPS
CEUs
PROVIDED BY DR. CLARK



**Transgender Care
40-hour Certification Training**
June 25-26, 2016
July 9-10, 2016
& July 23-24, 2016

Transgender Care Registration! *40-hour Certification Training*
June 25-26, July 9-10, July 23-24, 2016
[REGISTER HERE!](#)



Hypnotherapy Certification Training with special focus on Sexuality!
Two 5-day segments from Thursday to Monday, July 14-18, 2016 and
September 22-26, 2016. [Dr. Maylin Batista](#) will be your instructor.
[REGISTER HERE!](#)

Say It Proud
SPEECH THERAPY

www.sayitproudspeechtherapy.com

VOICE TRANSFORMATION:

**YOUR VOICE OF CHOICE
AWAITS YOU!**

TRANSGENDER SUPPORT GROUP

FOR RESIDENTS OF
BOCA RATON AND SURROUNDING AREAS BEGINS FEBRUARY 2016



TRANSGENDER, TRANSGENDER NON-CONFORMING, AND GENDER-QUESTIONING RESIDENTS AND THEIR FRIENDS, FAMILY MEMBERS, AND ALLIES ARE INVITED TO ATTEND A BIMONTHLY SUPPORT GROUP.

MEETINGS WILL TAKE PLACE ON THE 2ND FRIDAY OF EACH MONTH AND WILL BE HOSTED BY LICENSED PSYCHOTHERAPISTS, TRANSGENDER CARE SPECIALISTS AND CERTIFIED SEX THERAPISTS FELICIA LEVINE, LCSW, CST AND JAMIE S. WEISS, LMFT, CST.

WHEN: 2ND FRIDAY OF EACH MONTH BEGINNING FEBRUARY 12, 2016 @ 7 p.m.

WHERE: HEART CONNECTION CENTER, SECOND FLOOR, 2499 GLADES ROAD, SUITE #107 BOCA RATON, FL 33431

REFRESHMENTS WILL BE SERVED.

\$5 fee

FOR MORE INFORMATION CONTACT:

FELICIA LEVINE, LCSW, CST @ 954-657-3151, felicialevinelcsw@aol.com

JAMIE S. WEISS, LMFT, CST @ 561-213-6327, weisspsychotherapygroup@gmail.com

Felicia and Jamie are graduates from the International Transgender Certification Association training in Transgender Care. Congratulations!

REFUGE RECOVERY

A BUDDHIST PATH TO RECOVERING FROM ADDICTION



TUESDAYS 8:30pm–9:30pm
@ Lambda Miami-Dade Clubhouse
28 NE 54th St, Miami, FL 33137

Refuge Recovery is a non-theistic, Buddhist-inspired approach to recovery from addictions of all kinds.

We are a community of people dedicated to the practices of mindfulness, compassion, forgiveness, and generosity, using meditation and kindness to heal the pain and suffering that addiction has caused in our lives and in the lives of those around us.

Our weekly peer-led meetings include guided meditations, readings from the book *Refuge Recovery*, and group sharing and discussion.

Open to people of all backgrounds and respectful of all recovery paths, these meetings are appropriate for anyone in, or interested in, recovery from any forms of addictive behavior. No prior meditation experience necessary.

No fees; donations welcome.

For more info:

Email: RefugeRecoverySFL@gmail.com

Web: RefugeRecovery.org

[Meetup.com/RRSoFla](https://www.meetup.com/RRSoFla) • [Facebook.com/RRSoFla](https://www.facebook.com/RRSoFla)

RefugeRecovery.org

Fear versus Reason

Dr. Carol Clark

In *Addict America: The Lost Connection*, I write about the two significant parts of the brain – the limbic system, or Caveman Brain, and the prefrontal cortex, or Enlightened Brain. Most of us believe that our Enlightened Brains are in control of our lives and that we can think our way out of any problem or use reason to make decisions. This is often far from true.

For example, when a person is trying to lose weight and makes a decision to eat less, eat healthy, and exercise, he starts off doing exactly that. Then a couple of weeks into it, when he is actually losing weight, he is overwhelmed by hunger and backslides into loading up on carbs. What happened? The Caveman Brain noticed the weight loss and said “Whoa! We have to maintain the status quo.” So our guy eats to get back to the accustomed weight. Without being truly enlightened about what is going on behind the scenes, he wasn’t able to use his 150,000 year old logical brain to counteract the primitive urges coming from his **5 million** year old limbic system.

Fear is keyed into the Caveman Brain for survival and so it takes a lot of awareness and mindfulness to get beyond fear into rationality. Maslow nailed it with his hierarchy of needs. We can’t progress to Self-Actualization, the most elevated need, without our basic Physiological and Safety needs being met. Love/Belonging and Esteem are in the middle. So when ours or our loved one’s Safety is threatened, we lose the ability to think logically. We see this with the completely unsubstantiated belief so many parents hold about vaccines leading to autism. Our Enlightened Brains, when we are not experiencing fear, can understand from where that rumor began and that there is no research supporting it. Yet educated and otherwise sensible people will continue to argue against having their children vaccinated, even when faced with statistics showing the confirmed risk for not only their own children, but their communities as well.

Quite often, we can find ourselves in arguments when our Enlightened Brains try to engage another person who is responding with their Caveman Brain. We are usually unaware of this until the argument escalates and then our own Caveman Brains engage, leading to a completely unresolvable outcome. This happens frequently with addicts and their partners (but also other people in general) since whatever they are arguing about on the surface is only masking the underlying fear – fear of being unloved, fear of not being good enough, or fear of being a bad person. These are irrational fears that have lived in the Caveman Brain since childhood. In addition, the argument feeds the addict by providing stimulation with the accompanying release of dopamine. Finally, the argument provides emotional distance and disconnection, which is where the addict and partner are unconsciously comfortable (status quo).

We cannot just think our way out of addiction or fear. We need to deal with the underlying drivers of those fears through trauma reparation, mindfulness, and behavioral changes. Above all, we need to be willing to join with each other, to understand each other’s fears and be with them, not pushing away. Only when we each feel accepted and understood can we move on to finding a common goal and using our Enlightened Brains to solve what will ultimately turn out to be a simple problem.

Be In Light,

Carol